



Shrimp Tacos

Shopping List

Poultry/Meat:

½ Pound small shrimp

Seasonings:

Cilantro

Salt

Pepper

Paprika

Cayenne pepper

Wheat:

5 flour tortillas

Liquids/Oils:

Lime juice

Lemon juice

Olive oil

Plain yogurt

Vegetables/Beans:

1 Red pepper

1 Yellow pepper

1 Tomato or a cup of cherry tomatoes

2 Avocados

1 Jalapeno

1 Bag shredded lettuce

½ Red onion

**Makes a total of 5 tacos*