



Stuffed Shrooms con Huevos

Shopping List

Poultry/Meat:

1 Chicken Breasts
1 large egg

Seasonings:

Salt
Pepper
Paprika
Chili Powder
Cinnamon

Liquids/Oils:

Olive oil
Water

Vegetables/Beans:

1 large portabella mushroom
½ red pepper
½ tomato
Minced garlic
Fresh spinach

Grains:

Brown rice