Chipotle Chicken Bowl

Melanated & Meducated

Shopping List

Poultry/Meat:

3 Chicken Breasts

Seasonings:

Cilantro Salt Pepper Paprika Cayenne pepper Chili Garlic powder Onion powder Cumin Oregano

Liquids/Oils:

Lime juice Lemon juice Olive oil Water

Vegetables/Beans:

1 Red pepper 1 Green pepper 1 Yellow pepper 1 Tomato 1 Avocado 1 Jalapeno 1 Can of pinto beans (canned) 1 bag Shredded lettuce 1 Red onion

<u>Grains:</u>

Brown rice

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